Forecast For East of England
Issued by Met Office Exeter
at 1600 on Sunday 07 Mar 2021

++ Valid for broadcast between 1800 and 0600

Headline:
Clear with local frost overnight. Fine start Monday, rain later.

This Evening and Tonight:
Dry across the region through the evening and overnight. Starting clear in the north but turning gradually cloudier during the early hours. Widespread clear spells in the far south, allowing a local frost to form. Minimum temperature -2 deg C (28 deg F).

Monday:
A fine and dry morning for much of the region, any frost soon thawing. Cloud in the north spreading to all parts, with some outbreaks of rain through the afternoon. Maximum temperature 10 deg C (50 deg F).

Outlook for Tuesday to Thursday:
Generally dry and bright with sunny spells Tuesday. Wet and windy Wednesday with persistent and occasionally heavy rain. Very windy Thursday, with heavy, blustery showers and coastal gales.

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